

14 Booth Drive Plattsburgh, NY 12901 518.324.5707

# Patient Information

| Date                    |                                                            |
|-------------------------|------------------------------------------------------------|
| Patient Name            | DOB                                                        |
| Mailing Address         |                                                            |
| Street                  | City/State/Zip code                                        |
| Home Phone #            | ( ) Cell Phone # ( )                                       |
|                         | Check preferred contact number                             |
| Work Phone #            | [ ]                                                        |
| Insurance               |                                                            |
| E-Mail Address:         |                                                            |
| Emergency Contact       | Phone #                                                    |
| Relationship to Patient |                                                            |
| Primary Care Physician  |                                                            |
|                         | hearing care. Why did you select our office for your visit |
|                         |                                                            |

### Consent for Release of Information

|  | Name of Patient: | DOB: |  |
|--|------------------|------|--|
|--|------------------|------|--|

**I HEREBY AUTHORIZE** Champlain Valley Audiology to release any and all information contained in the medical record of the above listed patient to any third party payer for whom I may seek payment or reimbursement for expenses related to my office visit. I also authorize Champlain Valley Audiology to use Claims Connection to process such claims.

**I HEREBY ASSIGN** and set over all insurance benefits to which I am entitled and which are otherwise payable to me to *Champlain Valley Audiology*.

**I HEREBY AUTHORIZE** *Champlain Valley Audi*ology, having treated me, to release information to other health care facilities or physicians involved in my care.

## (please initial all 3 boxes)

I also hereby consent to have *Champlain Valley Audiology* release to the following persons information about my care and treatment.

| 1. |  |
|----|--|
| 2. |  |
| 3. |  |
|    |  |
|    |  |
| 5. |  |

Signature of Patient

Other Authorized Signature

Relationship



Print Name of Client

Print Name of Personal Representative (if applicable)

Description of Personal Representative's Authority

ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES (Notice of Privacy Practices Version Number 1.0, Dated June 18, 2008)

By signing below, I acknowledge that I have been provided a copy of this *Notice of Privacy Practices* and have therefore been advised of how certain health information about me may be used and disclosed by Champlain Valley Audiology and how I may obtain access to and control this information. I also acknowledge and understand that I may request copies of separate notices explaining special privacy protections that apply to HIV-related information, alcohol and substance abuse treatment information, mental health information and genetic information.

Consent for Treatment, Payment and Health Care Operations

In providing service to you, we create and store health information that identifies you. We understand that this information about you and your health is personal, and we are committed to protecting the privacy of this information. We must obtain your written consent before we treat you, obtain payment or provide services at Champlain Valley Audiology. *Please read carefully the information below before signing this form.* 

**Scope of Consent**: By signing this consent form, you will permit Champlain Valley Audiology and its staff to use your protected health information for treatment, payment, and normal business operations. You also permit our staff to share your information with other persons or organizations outside this practice that perform payment activities and business operations jointly with the practice.

**Notice of Privacy Practices**: We have a *Notice of Privacy Practices* that describes these uses and disclosures in detail and we encourage you to read it. We want you to know, however, that the *Notice of Privacy Practices* is subject to change. If it is changed, you may obtain a copy of the revised notice by asking for a copy at your next visit or by calling our office.

**Restricting Use and Disclosure**: You have the right to ask us to restrict the uses or disclosures of your protected health information. Champlain Valley Audiology is not required to agree to this restriction, but if it does, it will be bound by its agreement unless the information is needed to provide you with emergency treatment or comply with the law.

**Revoking consent**: You have the right to revoke this consent at any time, except to the extent that Champlain Valley Audiology has provided you with treatment, the practice will be permitted to use or disclose your protected health information to bill for that treatment. To revoke this consent, please contact our office.

I have read this consent and understand it. I consent to the use and disclosure of my health information for the purposes of treatment, payment, and health care operations.

I also consent to be contacted via phone and email (if email address has been provided).

Signature of Client or Personal Representative



## Initial Tinnitus Questionnaire

### Hearing

| Hearing refers to your ability | y to de | etect sou   | inds in you  | ir environi | ment or y | our ability to | understa   | nd the spee  | ech of oth | er. Think only about | your hearing in |
|--------------------------------|---------|-------------|--------------|-------------|-----------|----------------|------------|--------------|------------|----------------------|-----------------|
| regard to the following ques   | stions. |             |              |             |           |                |            |              |            |                      |                 |
| When was your last hearing     | ) exan  | n?          |              |             |           | By wh          | om?        |              |            |                      |                 |
| What were the results?         |         |             |              |             |           | _Recommen      | dations?_  |              |            |                      |                 |
| Have you ever worn hearing     | g aids' | ?           |              |             | ]Yes      | □No            |            |              |            |                      |                 |
| *Have you experienced a se     | udden   | hearing     | loss?        |             | ]Yes      | No             |            |              |            |                      |                 |
| Does your hearing              |         |             |              |             |           |                |            |              |            |                      |                 |
| Limit or hamper your person    | nal or  | social life | e?           |             |           | alwa           | /s         | some         | times      | never                |                 |
| Cause you to hear people t     | out not | underst     | and what t   | hey are s   | aying?    | alwa           | ys.        | some         | times      | never                |                 |
| What do you conside            | er is   | your n      | nain pro     | blem?       | Hear      | ring 🗌         | Tinr       | nitus 🗌      | So         | und tolerance [      |                 |
| If you answered "tinnitus"     | as yo   | ur main     | problem.     |             |           |                |            |              |            |                      |                 |
| What percent of the time ar    | e you   | aware o     | f it?        |             |           |                |            |              |            |                      |                 |
| How strong, or loud was yo     | ur tinn | itus, on    | average, o   | ver the la  | st month  | ? "0" would l  | e "no tinr | nitus and "1 | 0" would   | be "as loud as you c | an imagine."    |
| (Severity)                     |         |             |              |             |           |                |            |              |            |                      |                 |
|                                | 1       | 2           | 3            | 4           | 5         | 6              | 7          | 8            | 9          | 10                   |                 |
| How much has tinnitus ann      | oyed y  | you, on a   | verage, ov   | ver the las | st month" | "0" would be   | not ann    | oying at all | " and "10" | " would be "as annoy | ing as you      |
| could imagine." (Annoyand      | æ)      |             |              |             |           |                |            |              |            |                      |                 |
|                                | 1       | 2           | 3            | 4           | 5         | 6              | 7          | 8            | 9          | 10                   |                 |
| How much did tinnitus impa     | ict you | ır life, ov | er the last  | month? "(   | 0" would  | be "not at al  | "; "10" wo | uld be "as   | much as y  | you could imagine."  | (Effect)        |
|                                | 1       | 2           | 3            | 4           | 5         | 6              | 7          | 8            | 9          | 10                   |                 |
| Have you experienced any       | stress  | ful even    | ts within th | e last 12   | months?   |                |            |              |            |                      |                 |
| Additional Information:        |         |             |              |             |           |                |            |              |            |                      |                 |
|                                |         |             |              |             |           |                |            |              |            |                      |                 |



## Initial Tinnitus Questionnaire

#### Tinnitus

Tinnitus refers to any kind of sound in your head...ringing, hissing and so on. Think only about your tinnitus in regard to the following

| questions                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                |                           |                        |                      |                              |               |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|---------------------------|------------------------|----------------------|------------------------------|---------------|
| How does the tinnitus sound?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                           |                        |                      | Constant?                    | Intermittent? |
| In which ear is your tinnitus?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Right          | Left                      | Both                   | Head                 | Other                        |               |
| How long ago did you notice the                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | tinnitus?      | Recently                  | 1-3 years              | 3-10 years           | More than 10 years           |               |
| Do you remember the onset of yo                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | our tinnitus?  |                           | □Yes                   | □No                  |                              |               |
| Was it a sudden or progressive of                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | onset?         |                           | Sudden                 | Progressive          |                              |               |
| Was it related to any other medic                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | al or environ  | mental condition?         | □Yes                   | No                   |                              |               |
| *Does your tinnitus pulse with yo                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | ur heartbeat   | ?                         | □Yes                   | No                   |                              |               |
| *Is your tinnitus triggered by hea                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | d or neck mo   | vement?                   | □Yes                   | □No                  |                              |               |
| Is there any one in your family w                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | ho has/had ti  | nnitus?                   | □Yes                   | No                   |                              |               |
| Have you consulted any other pr                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | ofessional or  | tried any treatment for   | or your tinnitus? 🗌 Ye | s ⊡No                |                              |               |
| If yes, explain                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                |                           |                        |                      |                              |               |
| Does your tinnitus                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                |                           |                        |                      |                              |               |
| Make it difficult to fall asleep?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                |                           | always                 | sometime             | es never                     |               |
| Make it difficult to concentrate whether the second | nile reading?  |                           | always                 | sometime             | es never                     |               |
| Make it difficult to relax in a quiet                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | room?          |                           | always                 | sometime             | es never                     |               |
| Make it difficult to focus your atte                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | ntion away f   | rom your tinnitus?        | always                 | sometime             | es never                     |               |
| Cause you to feel angry?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                |                           | always                 | sometime             | es never                     |               |
| Cause you to feel stressed?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                |                           | always                 | sometime             | es never                     |               |
| Cause you to feel sad?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                |                           | always                 | sometime             | es never                     |               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                |                           |                        | Office Use Only (    | 2) (1) (0) Tota              | al            |
| Sound Tolerance                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                |                           |                        |                      |                              |               |
| Sound tolerance refers to how yo                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | ou react to so | ounds in your environr    | ment. Think only abou  | ut your sound tolera | ance in regard to the follow | ving          |
| questions                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                |                           |                        |                      |                              |               |
| Do you use ear protection (earple                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | ugs or earmu   | ffs) specifically for tin | nitus? 🗌 Yes           | No                   |                              |               |
| Do you have a decreased tolerar                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | nce to sound   | (are sounds botherso      | ome to you when they   | seem normal to ot    | her people around you)?      | □Yes □No      |
| Does sound in your environme                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | ent            |                           |                        |                      |                              |               |
| Cause an increase in your tinnitu                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | is?            |                           | always                 | sometime             | es never                     |               |
| Cause you to avoid going certain                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | places?        |                           | always                 | sometime             | es never                     |               |
| Cause you to feel irritated?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                           | always                 | sometime             | es never                     |               |



## Initial Tinnitus Questionnaire

| Patient Na      | ame:                    |                        |            |                |         |         |       | Date: |
|-----------------|-------------------------|------------------------|------------|----------------|---------|---------|-------|-------|
| Reason for to   | oday's appointment: _   |                        |            |                |         |         |       |       |
| Allergies to a  | ny medications, plast   | ics, etc.?             |            |                |         | 8       |       |       |
| Current medi    | cations:                |                        |            |                |         |         |       |       |
| Ear Health      | n History               |                        |            |                |         |         |       |       |
| Have you bee    | en exposed to loud so   | ounds/noise? []Yes     | □No        | If yes, expla  | in      |         |       |       |
| Have you eve    | er had ear surgery?     | □Yes                   | □No        | If yes, ear?   | Right   | □Left t | ype?  |       |
| Have you eve    | er had any head/ear t   | rauma? 🛛 Yes           | □No        | If yes, explai | in      |         |       |       |
| Have you eve    | er taken medication th  | hat had a toxic effect | on your h  | earing?        | es 🗆 No | If yes, | type? |       |
| *Have you ex    | operienced any draina   | age from your ear(s) v | vithin the | last 90 days?  |         | □Yes    | No    |       |
| If yes,         | □Right                  | Left                   | Both       |                |         |         |       |       |
| *Do you suffe   | er from pain or discon  | nfort in your ear(s)?  |            | □Yes           | □No     |         |       |       |
| If yes,         | Right                   | Left                   | Both       |                |         |         |       |       |
| Do you have     | temporomandibular j     | oint (TMJ) disorder?   | □Yes       | No             |         |         |       |       |
| If yes,         | Right                   | □Left                  | Both       |                |         |         |       |       |
| Do you have     | a congenital or traum   | natic deformity of the | ear?       | □Yes           | □No     |         |       |       |
| If yes,         | describe:               |                        |            |                |         |         |       |       |
| Do you often    | have significant ceru   | men (earwax) accum     | ulation in | your ear cana  | al?     |         |       |       |
|                 | Right                   | □Left                  | Both       | 6 )            | Neithe  | r       |       |       |
| *Do you suffe   | er from acute or chror  | nic dizziness?         | □Yes       | □No            |         |         |       |       |
| Please list all | I major surgeries (Pas  | st 10 years:           |            |                |         |         |       |       |
|                 |                         |                        |            |                |         |         |       |       |
|                 |                         |                        |            |                |         |         |       |       |
|                 |                         |                        |            |                |         |         |       |       |
| Please list ar  | ny serious illnesses (F | Past 10 years):        |            |                |         |         |       |       |
|                 |                         |                        |            |                |         |         |       |       |
|                 |                         |                        |            |                |         |         |       |       |
|                 |                         |                        |            |                |         |         |       |       |
| Are you diab    | etic?                   | □Yes □No               | 8          |                |         |         |       |       |
|                 | high blood pressure?    |                        |            |                |         |         |       |       |

# **Champlain Valley Audiology**

# **Medication Log**

Name:\_\_\_\_\_

DOB:\_\_\_\_\_

Please be sure to complete all four columns

| Medication Names:<br>Includes prescription, over<br>The counter, vitamins &<br>Herbal supplements | Dosage | Frequency | How is it taken (orally,<br>Injection, patch,<br>Inhaler, etc. |
|---------------------------------------------------------------------------------------------------|--------|-----------|----------------------------------------------------------------|
|                                                                                                   |        |           |                                                                |
|                                                                                                   |        |           |                                                                |
|                                                                                                   |        |           |                                                                |
|                                                                                                   |        |           |                                                                |
|                                                                                                   |        |           |                                                                |
|                                                                                                   |        |           |                                                                |
|                                                                                                   |        |           |                                                                |
|                                                                                                   |        |           |                                                                |
|                                                                                                   |        |           |                                                                |
|                                                                                                   |        |           |                                                                |
|                                                                                                   |        |           |                                                                |

In order to stay compliant with new insurance regulations, we are required to ask you for a list of your prescriptions and over the counter medications, herbal supplements and vitamins.

| 14. Yo<br>15. Yo<br>15. Yo<br>16. Yo<br>16. Yo<br>17. Yo<br>18. Yo<br>Q Ov<br>yo<br>19. Yo<br>20. Yo<br>21. Yo<br>and<br>22. Ho | our ability to HEA<br>our ability to UND<br>are talking?<br>our ability to FOL<br>in a group or at m<br>ver the PAST Wi<br>our tinnitus inter<br>our QUIET REST<br>our ability to REL<br>our ability to REL<br>our ability to enjoy<br>ver the PAST Wi<br>our tinnitus inter<br>our enjoyment of<br>our ENJOYMENT | DERST<br>LOW<br>meetin<br>rfered<br>TING A<br>AX?<br>by "PEA<br>EEK, I<br>rfered<br>SOCIA | CON<br>gs?<br>how r<br>with.<br>ACTIV                     | VERS<br>much<br><br>VITIES | SATIO<br>has<br>S?<br>QUIE | DNS<br>T"?  | inte<br>▼<br>0<br>0<br>0<br>Did           | 1<br>1<br>not<br>rfere<br>1<br>1<br>1<br>1 | 2<br>2<br>2<br>2<br>2<br>2<br>2 | 3<br>3<br>3<br>3<br>3<br>3 | 4<br>4<br>4<br>4<br>4 | 5<br>5<br>5<br>5<br>5<br>5 | 6<br>6<br>6<br>6<br>6 | 7<br>7<br>7<br>7<br>7<br>7<br>7 |                  |                              | 10<br>10<br>10<br>etely<br>fered<br>10<br>10<br>10 |
|---------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-----------------------------------------------------------|----------------------------|----------------------------|-------------|-------------------------------------------|--------------------------------------------|---------------------------------|----------------------------|-----------------------|----------------------------|-----------------------|---------------------------------|------------------|------------------------------|----------------------------------------------------|
| 15. Yo<br>R Ov<br>yo<br>16. Yo<br>17. Yo<br>18. Yo<br>19. Yo<br>20. Yo<br>21. Yo<br>and<br>22. Ho                               | are talking?<br>bur ability to FOL<br>in a group or at n<br>ver the PAST Wi<br>our tinnitus inter<br>our QUIET REST<br>our ability to REL<br>our ability to REL<br>our ability to enjoy<br>ver the PAST Wi<br>our tinnitus inter<br>our enjoyment of<br>our ENJOYMENT                                             | LOW<br>meetin<br>FEEK, I<br>rfered<br>ING A<br>AX?<br>y "PEA<br>EEK, I<br>rfered<br>SOCIA | CON<br>gs?<br>how r<br>with.<br>ACTIV<br>ACE A            | VERS<br>much<br><br>/ITIES | SATIO<br>has<br>S?<br>QUIE | DNS<br>T"?  | 0<br>Did<br>inte<br>▼<br>0<br>0<br>0<br>0 | 1<br>not<br>rfere<br>1<br>1<br>1           | 2<br>2<br>2                     | 3<br>3<br>3                | 4                     | 5<br>5<br>5                | 6<br>6<br>6           | 7 7 7 7                         | 8<br>C<br>8<br>8 | 9<br>ompl<br>inter<br>9<br>9 | 10<br>etely<br>fered<br>10<br>10                   |
| R Ov<br>yo<br>16. Yo<br>17. Yo<br>18. Yo<br>Q Ov<br>yo<br>19. Yo<br>20. Yo<br>21. Yo<br>and<br>22. Ho                           | in a group or at n<br>ver the PAST Wi<br>our tinnitus inter<br>our QUIET REST<br>our ability to REL<br>our ability to enjoy<br>ver the PAST Wi<br>our ability to enjoy<br>ver the PAST Wi<br>our enjoyment of<br>our ENJOYMENT                                                                                    | EEK, I<br>rfered<br>ING A<br>AX?<br>y "PEA<br>EEK, I<br>rfered<br>SOCI                    | gs?<br>how r<br>with.<br>ACTIV<br>ACE A<br>how r<br>with. | much<br>//TIES             | has<br>3?<br>QUIE          | T"?         | Did<br>inte<br>▼<br>0<br>0<br>0<br>Did    | rfere<br>1<br>1<br>1                       | 2                               | 3                          | 4                     | 5                          | 6                     | 7<br>7                          | 8<br>8           | ompl<br>interi<br>9<br>9     | etely<br>fered<br>10                               |
| yo<br>16. Yo<br>17. Yo<br>18. Yo<br>Q Ov<br>yo<br>19. Yo<br>20. Yo<br>21. Yo<br>and<br>22. Ho                                   | our tinnitus inter<br>our QUIET REST<br>our ability to REL<br>our ability to enjoy<br>wer the PAST WI<br>our tinnitus inter<br>our enjoyment of<br>our ENJOYMENT                                                                                                                                                  | rfered<br>FING A<br>AX?<br>Y "PEA<br>EEK, I<br>rfered<br>SOCIA                            | with.<br>ACTIV<br>ACE A<br>how r<br>with.                 | <br>VITIES                 | S?<br>QUIE                 | <b>T</b> "? | inte<br>▼<br>0<br>0<br>0<br>Did           | rfere<br>1<br>1<br>1                       | 2<br>2                          | 3                          | 4                     | 5                          | 6                     | 7                               | 8<br>8           | 9<br>9                       | 10                                                 |
| 17. Yo<br>18. Yo<br>Q Ov<br>yo<br>19. Yo<br>20. Yo<br>21. Yo<br>and<br>22. Ho                                                   | our ability to REL<br>our ability to enjoy<br>ver the PAST Wi<br>our tinnitus inter<br>our enjoyment of<br>our ENJOYMENT                                                                                                                                                                                          | AX?<br>y "PEA<br>EEK, I<br>rfered<br>SOCIA                                                | ACE A<br>how r<br>with.                                   | AND                        | QUIE                       |             | o<br>o<br>Did                             | 1                                          | 2                               | 3                          | 4                     | 5                          | 6                     | 7                               | 8                | 9                            | 10                                                 |
| 18. Yo<br>Q Ov<br>yo<br>19. Yo<br>20. Yo<br>21. Yo<br>and<br>22. Ho                                                             | our ability to enjoy<br>ver the PAST Wi<br>our tinnitus inter<br>our enjoyment of<br>our ENJOYMENT                                                                                                                                                                                                                | EEK, I<br>Fered<br>SOCI                                                                   | how r<br>with.                                            | much                       |                            |             | 0<br>Did                                  | 1                                          |                                 |                            |                       | 0.50                       |                       | 1                               | 0.53             |                              |                                                    |
| Q Ov<br>yo<br>19. Yo<br>20. Yo<br>21. Yo<br>and<br>22. Ho                                                                       | ver the PAST Wi<br>our tinnitus inter<br>our enjoyment of<br>our ENJOYMENT                                                                                                                                                                                                                                        | EEK, I<br>rfered<br>SOCI                                                                  | how r<br>with.                                            | much                       |                            |             | Did                                       |                                            | 2                               | 3                          | 4                     | 5                          | 6                     | 7                               | 8                | 9                            | 10                                                 |
| yo<br>19. Yo<br>20. Yo<br>21. Yo<br>and<br>22. Ho                                                                               | our tinnitus inter<br>our enjoyment of<br>our ENJOYMENT                                                                                                                                                                                                                                                           | soci/                                                                                     | with.                                                     |                            | has                        |             |                                           | not                                        |                                 |                            |                       |                            | _                     |                                 |                  |                              |                                                    |
| 20. Yo<br>21. Yo<br>and<br>22. Ho                                                                                               | our ENJOYMENT                                                                                                                                                                                                                                                                                                     |                                                                                           |                                                           |                            |                            |             | The                                       | rfere                                      |                                 |                            |                       |                            |                       |                                 |                  | ompl<br>interl               |                                                    |
| 21. Yo<br>and<br>22. Ho                                                                                                         |                                                                                                                                                                                                                                                                                                                   | TOFL                                                                                      |                                                           | CTIVI                      | TIES                       | ?           | 0                                         | 1                                          | 2                               | 3                          | 4                     | 5                          | 6                     | 7                               | 8                | 9                            | 10                                                 |
| and<br>22. Ho                                                                                                                   | DEL ATIONO                                                                                                                                                                                                                                                                                                        |                                                                                           | IFE?                                                      |                            |                            |             | 0                                         | 1                                          | 2                               | 3                          | 4                     | 5                          | 6                     | 7                               | 8                | 9                            | 10                                                 |
| 22. Ho<br>T                                                                                                                     | d other people?                                                                                                                                                                                                                                                                                                   | HIPS v                                                                                    | with fa                                                   | amily,                     | frien                      | ds          | 0                                         | 1                                          | 2                               | 3                          | 4                     | 5                          | 6                     | 7                               | 8                | 9                            | 10                                                 |
|                                                                                                                                 | ow often did your<br>ASKS, such as I                                                                                                                                                                                                                                                                              | home                                                                                      | us cau<br>maint<br>1                                      | use yo<br>tenan<br>2       | ou to<br>ce, so<br>3       | chool       | work                                      | or ca                                      | aring                           | for o                      | childr                | en or                      | oth                   | ners?                           |                  |                              |                                                    |
|                                                                                                                                 | lever had difficulty                                                                                                                                                                                                                                                                                              |                                                                                           |                                                           | 2                          | 3                          | 4           | 5                                         | 6                                          | 7                               | 8                          | 9                     | 10                         | -                     | Alway                           | ys had           | d diffic                     | ulty                                               |
|                                                                                                                                 | w ANXIOUS or I                                                                                                                                                                                                                                                                                                    |                                                                                           | 2                                                         | hacy                       | ourti                      | nnitue      | mad                                       | 0.1/01                                     | too                             | 12                         |                       |                            |                       |                                 |                  |                              |                                                    |
|                                                                                                                                 | Not at all anxious or i                                                                                                                                                                                                                                                                                           |                                                                                           | 1                                                         | 2                          | 3                          | 4           | 5                                         | 6                                          | 7                               | 8                          | 9                     | 10                         | •                     | Extre<br>or wo                  |                  | anxiou                       | IS                                                 |
| 24. Ho                                                                                                                          | W BOTHERED                                                                                                                                                                                                                                                                                                        | or UPS                                                                                    | SET h                                                     | ave y                      | ou be                      | en be       | caus                                      | e of                                       | your                            | tinni                      | tus?                  |                            |                       | 01 110                          | meu              |                              |                                                    |
| No                                                                                                                              | ot at all bothered or<br>upset                                                                                                                                                                                                                                                                                    | ▶ 0                                                                                       | 1                                                         | 2                          | 3                          | 4           | 5                                         | 6                                          | 7                               | 8                          | 9                     | 10                         | ٩                     | Extre<br>or up                  |                  | bothe                        | ed                                                 |
| 25. Ho                                                                                                                          | W DEPRESSED                                                                                                                                                                                                                                                                                                       | were                                                                                      | you b                                                     | ecau                       | se of                      | your        | innitu                                    | is?                                        |                                 |                            |                       |                            |                       |                                 |                  |                              |                                                    |

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### TINNITUS FUNCTIONAL INDEX

|            | 's Date Month               | /Day            | / Year                          |                     |                  | Your Na |        |        |       | Please    | Print                                     |
|------------|-----------------------------|-----------------|---------------------------------|---------------------|------------------|---------|--------|--------|-------|-----------|-------------------------------------------|
|            |                             |                 |                                 |                     |                  |         |        |        |       |           | ect ONE of the                            |
|            |                             |                 |                                 |                     | tion, a          | nd dr   | aw a ( | CIRCL  | E ar  | ound i    | like this: 10% or 1                       |
|            | Over the PA                 |                 |                                 |                     |                  | 50.3    | 1      | 1380   | 1.2.6 |           | and the second second                     |
| . W        | hat percentage              | of you          | ur time                         | awak                |                  |         |        |        | AWA   | RE OF     | your tinnitus?                            |
| 1          | Never aware ► 0%            | 10%             | 20%                             | 30%                 | 40%              | 50%     | 60%    | 70%    | 80%   | 90%       | 100%  Always aware                        |
| 2. Ho      | ow STRONG or                | LOU             | ) was                           | your ti             | innitus          | ?       |        |        |       |           |                                           |
| lot a      | t all strong or loud I      | •0              | 1 :                             | 2 3                 | 4                | 5       | 6      | 7      | 8     | 9 10      | A Extremely strong or lo                  |
| w          | hat percentage              | of voi          | ır time                         | awak                | o woro           | VOUL    |        |        |       | ur tinnit | 102                                       |
|            | of the time ► 0%            |                 |                                 |                     |                  |         |        |        |       | 90%       | 100% < All of the time                    |
|            |                             |                 |                                 |                     | 4070             | 0070    | 0070   | 1070   | 00 /6 | 30 %      | 100 % All of the time                     |
| C          | Over the P/                 |                 |                                 | 1.0                 |                  |         |        |        |       |           |                                           |
|            | d you feel IN CC            |                 |                                 |                     | to you           |         |        | -      |       |           |                                           |
| Ve         | ry much in control          | -0              | 1 :                             | 2 3                 | 4                | 5       | 6      | 7      | 8     | 9 1       | 0 <ul> <li>Never in control</li> </ul>    |
| . Ho       | ow easy was it fo           | or you          | to CC                           | PE wi               | ith you          | r tinni | tus?   |        |       |           |                                           |
| V          | ery easy to cope 🕨          | 0               | 1 2                             | 2 3                 | 4                | 5       | 6      | 7      | 8     | 9 10      | Impossible to cope                        |
| Ho         | ow easy was it fo           | or vou          | to IGI                          | NORE                | vour t           | innitus | 2      |        |       |           |                                           |
|            | ry easy to ignore ►         |                 | 1 2                             |                     | 4                | 5       | 6      | 7      | 8     | 9 1(      | ) Impossible to ignore                    |
|            | Over the PA                 |                 | IFFV                            |                     |                  |         |        |        |       | 5 11      |                                           |
| _          |                             |                 |                                 |                     | 10.000           | 23250   | 224    | 1000   |       |           |                                           |
| . 10       | our ability to CON          |                 |                                 |                     |                  |         |        |        |       |           |                                           |
|            | Did not interfere 🕨         | 8               | 1 2                             | C                   | 4                | 5       | 6      | 7      | 8     | 9 10      | Completely interfered                     |
| Yo         | our ability to THI          | NK CI           | LEARI                           | LY?                 |                  |         |        |        |       |           |                                           |
|            | Did not interfere ►         | 0               | 1 2                             | 2 3                 | 4                | 5       | 6      | 7      | 8     | 9 10      | <ul> <li>Completely interfered</li> </ul> |
| Y          | our ability to FO           | cus /           | ATTEN                           | NTION               | on oth           | ner thi | ngs be | esides | your  | tinnitus  | ?                                         |
|            | Did not interfere ►         |                 |                                 |                     | 4                | 5       | 6      | 7      |       |           | <ul> <li>Completely interfered</li> </ul> |
| L          | Over the PA                 | ST W            | EEV                             |                     | 220047           |         | 192055 |        |       |           |                                           |
| _          |                             |                 |                                 |                     | difficul         |         |        |        |       |           |                                           |
|            | low often did you           |                 |                                 |                     |                  |         |        |        |       |           |                                           |
|            | ·                           |                 |                                 | 2 3                 |                  | 5       | 6      | 7      |       |           | <ul> <li>Always had difficulty</li> </ul> |
| I. H       | low often did you           | ur tinn         | itus ca                         | ause y              | ou diffi         | culty i | n gett | ing AS | S MUC | CH SLE    | EP as you needed?                         |
| Net        | ver had difficulty 🕨        | 0               | 1 :                             | 23                  | 4                | 5       | 6      | 7      | 8     | 9 10      | <ul> <li>Always had difficulty</li> </ul> |
| 2. H<br>Pl | ow much of the EACEFULLY as | time o<br>you v | did you<br>would                | ur tinni<br>have li | tus kei<br>iked? | ер уоц  | l from | SLEE   | PING  | i as DE   | EPLY or as                                |
|            | lone of the time ►          | -               | and a set of the set of the set |                     |                  |         |        |        |       |           |                                           |

08.15.08